



GETTING ROOTS

COACHING & TRAINING PVT. LTD.

Strengthening Roots | Transforming Lives

ENHANCING PERFORMANCE THROUGH PEOPLE EMPOWERMENT





*Your journey from nowhere to the right path!
We strengthen your roots to give you a transformed life!*

*Give a Man a Fish, and You Feed Him for a Day.
Teach a Man To Fish, and You Feed Him for a Lifetime
-Lao Tzu*

Getting Roots is a one-stop shop for Training, Coaching and Consulting that gives you end-to-end solutions to your problems, dilemmas and growth hindrances. We build a rich human resource with the help of a pool of our expert trainers and life coaches. Together we nurture the talent that transforms them into strong leaders and motivated beings.





ABOUT US

In a short span of time, Getting Roots has evolved into an esteemed and most consistent Corporate Learning and Development Company and is recognized as the leader in bringing out the best in people through Innovative and Interactive Learning and Empowering Solutions. With Globalization, marketplace has put great emphasis on important elements like high productivity, effective use of resources, and faster product development to beat the competition and succeed. We, At Getting Roots, are personally committed to make industry-ready professionals. Our Corporate Trainings Solutions maximizes an organization's Return on Investment (ROI) and Return on Time Investment (ROTI) in its valuable resource- "It's Employees". We carefully understand the concerns of different organizations and ensure that our efforts towards improving the organizations' productivity are laden with a thorough research on the organization's Vision, Culture, Goals, & Current employee's orientation and then based on the organizations' expectations; we chart out our Learning Solutions. These training programs help in expediting the learning and add value to their personality, enhance their behavioral competencies, build confidence and passion to face day to day challenges more effectively.

Getting Roots provide you with the best possible way to strengthen your roots to reach a new high. Every organization is different, So the training should also be tailored as per the need, requirement and demand. Our experts conduct a thorough Learning need analysis, while considering your company's current resources, customer requirements, processes & industry trends and then suggest an appropriate customized solution to you. To help our clients achieve their highest potential, we deliver exceptional training, coaching and consulting interventions which are conducted by highly competent, certified, qualified and professionally experienced trainers and coaches.

We follow the Principle of A.B.L (Activity Based Learning) as we believe in the Phenomenon of "Learning with Fun"
Our training and empowering solutions have been rated the best by our existing clientele and therefore majority of our clientele have displayed great loyalty to us.





About The CMD's



Narender Kumar

Narender Kumar started his Professional Career at a very early stage of life with Carona Shoe Company. In a young age, he started trading of Dry fruits & Spices. With a groove and a strong will to grow led him to be an entrepreneur at the age of 20.

A person, who was born in the house of an army official refused to work or follow the ready path. In spite, he chose to continue the legacy of his grand-parents & great grand-parents to be a Business Man. He started from the scratch, with his fore-thought and approach, he made his mark. He understood the concept of diversification in 1990's and diversified in various industries from retail to hospitality, from education to real estate. He knew that soon there will be a cut throat competition for

a blue collar job & there will be a requirement of something extra to sustain in the competitive world i.e. Soft Skills & Human Behaviour Training.

Getting Roots was originally conceptualized by **Mr. Narender Kumar** & this could become possible only by the virtue of his vivid experience, day to day observation & formal & informal interaction with the budding professionals.

In other words, he is the mind behind **Getting Roots Coaching & Training Pvt. Ltd.**

About The Director's



Beenu Kumar Taneja

Beenu Kumar Taneja received his early education at a prestigious school in Delhi. During his Graduation, He started working as a representative in an MNC but with the quest for achieving something in life made him take the escalator of success and reached a senior position in no time. During his journey, he worked with various companies like IGSL, Wipro, HCL, Dell Inc., Hero Mindmine etc. and has received many awards. Starting from a base level and reaching the Present Stage clearly demonstrates the fire and the passion in him. He is a distinguished Motivator and He is outstanding in his services as a Facilitator, Guide, Manager and Counselor. An MBA by Education, he carries a Strong and a Safe head guarded background in Certified Risk Management and Compliance Training. He was also awarded as a Resolution Champion by Dell

Inc. for his steady, strategic and far sighted Decision Making ability.

He has been actively involved in counseling various students and working professionals and has organized over 85 counseling campaigns and has benefitted different people and their families across India. He is a certified THETA & REIKI Healer.

He has trained over 1,00,000 personnel adults in the Art and Craft of Public Speaking, Grooming, Employability Enhancement and various other soft skills programs. He has a mission to help all the humans to become proficient and effective communicators.





Vision, Missions & Policies

VISION

Nurturing, Managing and Delivering trained, future ready human resources to fulfill the ever growing need of well groomed, highly productive workforce for the nation building.

MISSION

- Help organizations to identify talent; and nurture, manage and retain them to foster sustainable growth
- Help educational institutions meet the ever growing industry requirements by ensuring continuous supply of industry ready resources.
- Transform and empower youth and making them future ready.
- Effectively address the biggest challenge to the nation – The Education-Employment Gap

POLICIES

- Complete focus on serving our client with a commitment to exceed their expectations.
- Timely delivery. For us, time is the most valuable aspect of life.
- To be Ethical, Sincere and Open in our dealings.
- A commitment to be objective and transaction-oriented, thereby earning trust and respect.
- A commitment to business excellence, demonstrated by a focus on results, innovation, quality, speed and the highest standard of business ethics.
- A real sense of social responsibilities.

OUR OFFERINGS

1. Services
2. Modules
3. Signature Workshops
4. Open Workshops
5. Module Market





OUR OFFERINGS

TRAINING

Training is a basic concept of human resource in context to learning and development which comprises helping an individual develop certain skills in order for them to reach a desired level. It is imparted by instructions and honed by practice.

At Getting Roots, training helps in equipping individuals with the desired skill sets through our number of programs specially designed to enhance the knowledge pool of individuals. Not only are our trainings curricula based and customized as per the employees' needs but they are as per the industry standards. We help the individuals face the fierce competition and help them to meet with the unmet needs which individuals have not been able to garner so far.

Our Training programs include various domains like:

- Soft Skills Training
- Behavioural Training
- Software Training
- Technical Training
- Outbound/ Off – Site Training





OUR OFFERINGS

COACHING

Coaching is a well-designed process that helps in furthering the development of an individual by making changes in their professional and personal life. In human resource development, coaching services are given to candidates who are willing to bring out substantial changes in their lives. It is more of partnering with the willing candidates who are ready for a creative and thought proving process that may inspire them to maximize their potential, be it in their personal or professional life.

We at Getting Roots, help the individuals to get motivated to discover their strengths by improving their skills to reach their desired goals. Our Coaches give you the edge which bridges the gap between where you are and where you are willing to be.

Our Coaches develop a strong bond with the client and with the help of behavioural techniques, assist the clients to work on the mutually decided goals in order to improve the performance in clients' professional life and achieve satisfaction in personal life.

Our various Coaching programs are:

- Executive Coaching
- Planning Coaching
- Performance Coaching
- Skills Coaching
- Transformational Coaching





OUR OFFERINGS

CONSULTING

The practice by which the performance of the organizations is improved and the organization becomes capable of bridging the gap between existing organizations' problems to the position of development and implementation of plans for improvement.

Getting Roots is well aware of industry's best practices. We provide change management assistance for organizations, implementation of technology in various fields, process analysis, coaching skills development and implementation of strategies and other operational services. We bring our own industry practices of proprietorship so as to practically look into others' problems, identify their root cause and give recommendations for both efficient effective running of their work.

Our flagship consulting offerings:

- Business Consulting
- Human Resource Consulting





OUR OFFERINGS

HOLISTIC HEALING

When we work, we aim at achieving something. The achievement is nothing but the target allotted to us in order to meet these goals. We undergo a lot of stress, negotiation and compromises at various fronts. The vicious circle makes us feel drenched and at a level full of fatigue. As a result, “We End up Being a Juiceless Fruit.” We tend to run around the corners to meet our needs and wants. In this process of running, we neglect our health. A Healthy Mind cannot become the part of Unhealthy Body. So Holistic Healing Camp not only heals you from inside but also connects you with your soul once again.

Getting Roots is one stop shop which unleashes the potential of self-healing in you and makes you realize that you are the source who can heal your own being. Holistic healing is thus a program which by psychological means makes you physically, mentally and spiritually healthy.

MOTIVATIONAL METAMORPHOSIS

Motivational metamorphosis is a program which helps you to get transformed into an evolved human being with the contribution of your determination and our motivation. Just like a butterfly unfolds herself from a larva to pupa to caterpillar and then to butterfly that comes with flying colours, we at Getting Roots help you to know your being and make you realize who you are and what you can up to. With that inbuilt DNA, you have the potential that you need to get transformed with by your efforts and as a result of your motivation.

Our Motivational Guru, **Beenu Kumar Taneja** has metamorphosed the lives of hundreds of students who sought guidance in varied fields under him to reach a place where they had always wanted to be. We thus help you realize what you are and where you can be when you are in your able to unleash the potential that you are gifted with by a drift of our guidance.





MODULES

Our Modules are customized as per the needs of our clients. They have a wide horizon ranging from industry to industry. We cater to multitude of sectors which include but are not limited to Academics, Corporates, Retail, Manufacturing Unit, NGOs and Bespoke. Following are the modules we offer at Getting Roots:

- Communication Skills
- Email Etiquette
- Telephone Etiquette
- Interview Skills
- Selling Skills
- Delegation Skills
- The best Manager
- Goal Setting
- Negotiation Skills
- Business Communication
- Service Excellence
- Stress Management
- Work Life Balance
- The Retail Consultant
- Presentation Skills
- Office Etiquette
- Resume Writing
- Spoken English
- Leadership Skills
- Personal Effectiveness
- Customer Service
- Team Building Skills
- Influencing Skills
- Self-Management
- Professional Retail Selling
- Tele Sales
- Mock Recruitment Drives
- Train The Trainer Workshops
- Confidence Building
- Grooming and Etiquette
- Group Discussion
- Personality Development
- Business Etiquette
- The 7 ways to success
- Conflict Management
- Professional Selling Excellence
- Campus to Corporate Transition
- Faculty Development Workshops
- Corporate Etiquette And Grooming
- Problem Solving and Decision Making
- Management Development Workshops





Signature Workshops

Our Signature Programs are power packed programs meticulously designed to equip you to go an extra mile. They are not only engaging and exciting but also enable individuals to excel in their respective fields.

So, here we welcome you to the world of infinite potential and excellence with our power booster programs:

THE DYNAMIC LEADER

Leadership is the capability by which an organisation's management can set the goals and achieve them with the help of making swift decisions. Leaders not only have the skills of making prompt decisions but also do better than others and inspire others to outperform the competition.

At Getting Roots, we develop Dynamic leaders and enable them to master the following six leadership essentials:

1. Good character building
2. Acquire Problem Solving skills
3. Effectively Manage Conflicts
4. Become Team Builders
5. Educate peers
6. Build positive relationships

THE FIRE WALKER

Fire walk, Glass Walk and Bar Bending Training

Fire walk Training or Bar bending or broken glass walk training is an experience of a lifetime. When this concept gets clubbed with proper guidance and motivational speech of Beenu Taneja, it becomes a signature training program from Getting Roots Coaching & Training Pvt. Ltd.

If you have the desire to make your company flourish and your teams achieve Great Goals then Fire walk training is perfect for you and your team. A Motivational Training with Firewalk or Bar Bending can create a dynamic environment and bring amazing results for your team. This training will equip your workforce with the following:

- Ability to face & break through fears.
- Limiting beliefs convert into empowering beliefs.
- Incredible self-confidence.
- Participants are ready to handle pressure willingly.
- Radically increased performance.
- Achieve Extraordinary Goals post fire walk training.





Signature Workshops

THE MAJESTIC MANAGER

“Majestic Manager”, as the term suggests, refers to a person having all the qualities to lead a group in an organization through his/her managerial skills. It is one of the most influential Signature programs designed by our experts for the holistic development of managers. We enhance their overall personalities by incorporating our various power packed modules to get a knack of the all the things that our required for becoming a “majestic” manager.

We have a definite set of modules under “The Majestic Manager” program which include Time Management, Leadership, Understanding Team Dynamics, Public Relations, Valuing Relationships among a few others. These not only equip you with the skills required to become an efficient manager but also make you capable to handle your team dexterously. As they say, a skill learnt is a skill transferred, there will be enhancement of human resource potential and will help you to realize your own potential to the fullest.

THE STRESS RELIEVER

Stress Management is an art and to master that art, you need to hone that skill of handling stress effectively through a set of training techniques which we have on offer for you. Be it your personal life or at workplace, we provide some major stress buster training sessions as well as equip you with the stress relieving mechanisms, which if learnt and regularly practiced can help you emerge out of any stressful situation and make your lives easy and stress free.

At Getting Roots, “The Stress Reliever” Curriculum is designed in a fashion that helps you to understand the following:

1. How stress works and makes you behave in a particular pattern
2. How you can recognize the negative stress and its signs & symptoms
3. Letting you know the causes of unnecessary stress
4. How you can avoid acquiring negative stress and make things positive in your life
5. Chalk out a balanced lifestyle to control long term stress
6. Incorporate stress relieving techniques such as relaxation techniques in your life style





Signature Workshops

THE TEAM DYNAMO

As the program itself explains, team dynamics are the unconscious and deep rooted mind forces that give any team a specific direction to perform by inducing behavioural changes in the people making the team. The team dynamics helps the people to sail the boat in a particular desired direction against the haywire undercurrents of the sea.

At Getting Roots, we have strategies that improve team dynamics and bring out the best that a team can offer to their organization. These include:

- 1.Understanding your team – the SWOT analysis of the group
- 2.Understanding the problems being faced by the team
- 3.Tackling problems quickly and effectively
- 4.Involving the division of labour strategy among team members
- 5.Breaking down barriers through Jo-Hari Window tool
- 6.Enhancing effective communication among group members
- 7.Paying attention to the organization goals and objectives
- 8.Stressing upon working conjointly and not on individual goals





Signature Workshops

THE PLEASANT PRESENTER

We have often heard that to excel as an organization, you need to be a good presenter. Not just being adept at giving good presentations, you should have that all round developed personality, image and a desiring persona to influence masses.

With Getting Roots' "The Pleasant Presenter" program, we develop managers who not only have good presentation skills but have altogether developed personalities. We offer a comprehensive package for the managers for their ever-lasting all round development.

At Getting Roots, our trainers are equipped with all the required skill sets to make our clients presentation ready. Not only do we provide end-to-end solutions to raise their bar as presenters but also make sure that they have the best of the knowledge to offer their clients.

THE FABULOUS TRAINER

Our program "The Fabulous Trainer" is designed for those people who are willing to pursue training as a career. Our expert trainers bring with them the years of industry experience to help you equip with the skill set required to become a Fabulous Trainer.

At Getting Roots, we handle each step of your transformation into a mature trainer, very meticulously. We have step by step guidelines and customized curricula that help in nurturing the values a good trainer needs to have and this helps in imbibing the best of knowledge that our experienced trainers deliver through our modules. Thus, becoming a Torch bearer, The Fabulous Trainer is no more a distant dream.





Open Workshops

Getting Roots conducts open workshops for people from varying backgrounds intending to attend capacity building trainings. Through these trainings you get a chance to meet with and exchange ideas with like-minded people. Not only are these workshops easy to join but bring fun, frolic and freshness in your personal and work–life balance.

For the workshops, check out our website for the available slot to enroll for the program directly or you can contact us through a call or an e-mail and we will get back to you with all the details. Our workshops are full of energy boosting shots, high on practical and provide you with an edge over the others. In a single slot we conduct workshop for maximum of 15 participants so that each of the participant can be given maximum attention for you to get most out of the workshop. Along with the fun with learning concept, our workshops also include the refreshments and a lavish lunch to make it a complete bouquet.

Trainer's Mart

Trainer's Mart is an online mall where you can get well researched and handy training material for various activities and games to be conducted for effective trainings in regard to vivid trainings, consulting and coaching. The best part is that you get all the activity material as well as the way to conduct that activity, briefing and debriefing along with the phone support to clarify your doubts. You may purchase these training and learning material from our website and get as many products on affordable prices so as to enhance your and your company's skills under one Roof.

Register with us to purchase our power – packet Module capsules today!



OUR CLIENTS



Getting Roots Coaching & Training Pvt Ltd

Regd. Office: 4th Floor, R.R mansion, S-491, School Block II, Shakarpur, Delhi-110092
 T: +91-11-4268 3311 | F: +91-11-4268 3311 | M: (+91) 8505-86-2222 (+91) 8505-87-2222
 E: info@gettingroots.com | W: www.gettingroots.com

<https://www.facebook.com/getting roots>

<https://twitter.com/getting roots>

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